

## Advent Novena – The O Antiphons

Saturday, December 16<sup>th</sup> to Sunday, December 24<sup>th</sup>

O Lord Jesus Christ, who for our sake descended from the throne of glory to this world of pain and sorrow; who was conceived by the Holy Spirit, born of the Virgin Mary, and was made man; Make our hearts a fit habitation for you. Beautify and fill us with all spiritual graces, and possess us wholly by your power. Give us grace to prepare for your coming with deep humility, to receive you with burning love, and to hold fast to you with a firm faith; that we may never leave nor forsake you. Who lives and reigns, world without end. Amen.



Here **say one of the antiphons below**, according to the day. Then say:

**Our Father ...**

**Hail Mary ...**

Almighty God, give us grace to cast away the works of darkness, and put on the armour of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

# O Antiphons

**Saturday, December 16**

O SHEPHERD of Israel, thou that ledest Joseph like a flock: Come to guide and comfort us.

**Sunday, December 17**

O WISDOM, who came from the mouth of the Most High, reaching from end to end and ordering all things mightily and sweetly: Come, and teach us the way of prudence.

**Monday, December 18**

O ADONAI, ruler of the House of Israel, who appeared to Moses in the flame of the burning bush and gave him the law on Sinai: Come, and redeem us with outstretched arms.

**Tuesday, December 19**

O ROOT OF JESSE that stands for an ensign of the people, before whom the kings keep silence and unto whom the Gentiles shall make supplication: Come, to deliver us, and tarry not.

**Wednesday, December 20**

O KEY OF DAVID, and Sceptre of the House of Israel, who opens and no man shuts, who shuts and no man opens: Come, and bring forth the captive from his prison, he who sits in darkness and in the shadow of death.

**Thursday, December 21**

O DAWN OF THE EAST, brightness of light eternal, and Sun of righteousness: Come, and enlighten those who sit in darkness and in the shadow of death

**Friday, December 22**

O KING OF THE GENTILES and their desired One, the Cornerstone that makes all one: Come, and deliver man, whom you formed out of the dust of the earth.

**Saturday, December 23**

O EMMANUEL, God with us, Our King and Lawgiver, the expected of the nations and their Saviour: Come to save us, O Lord our God.

**Sunday, December 24**

O THOU whose dominion is great, and whose kingdom shall have no end; the mighty God, the Governor, the Prince of Peace: Come show thy face, and we shall be saved.

Prepared by Sharon St Jean, Spiritual Development Sub-committee

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